

Banaras Hindu University

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Lieutenant (Dr.) Vikram Singh

Professor

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Google Scholar Profile :

<https://scholar.google.com/citations?user=88P5HEMAAAAJ&hl=en>

Personal Website : www.dews.net.in

CV : [Download](#)

Profile

Notices

Courses

- BPPC 201: Measurement and Evaluation in Physical Education
- MPCC 103: Tests, Measurements and Evaluation in Physical Education
- BPPC 306: Basketball
- BPPC 407: Sports Specializations
- BPTP 410: Training/ Coaching Lesson of Sports Specialization
- MPPC 107: Sports Specialization – I (Skill Proficiency)

- MPPC 108: Rules, Officiating & Project Book of Sports Specialization - I
- MPPC 207: Sports Specialization – I
- MPPC 208: Teaching/Coaching Lessons Sports Specialization - I
- MPPC 307: Sports Specialization – II (Skill Proficiency)
- MPPC 308: Rules, Officiating & Project Book of Sports Specialization - II
- MPPC 407: Sports Specialization – II (Skill Proficiency)
- MPPC 408: Coaching Lessons of Sports Specialization – II
- BPPC 409: Sports Science Lab Testing

Research Interests

(Exercises Physiology) EMG Activities in Sports

Test, Measurement & Evaluation in Physical Education

Human Recourse Management

Volleyball

Research Projects

Title : An Assessment And Comparison Of Anxiety, Depression And Stress Vulnerability Among Professional Students From Different Areas

From : 2011

To : 2012

Amount : 76000

Funded by:

UGC

Overview

Completed

Title : A Study Of Inter-Relationship Among Intelligence Quotient, Emotional Quotient, & Social Quotient And Their Comparison Among Professional Students From Different Streams

From : 2013

To : 2014

Amount : 512775

Funded by:

ICSSR

Overview

Completed

Title : Electromyographical Analysis Of Shoulder Function During Executing The Tennis Service In Volleyball

From : 2015

To : 2018

Amount : 560000

Funded by:

UGC

Overview

Completed

Title : Electromyographical Analysis Of Shoulder Function During Executing The Spike In Volleyball

From : 2021

To : 2024

Amount : 600000

Funded by:

IOE BHU

Overview

Ongoing

Recent Publications

Dr. Vikram Singh (2020)

Electromyographic Analysis of Shoulder Function during Executing the Tennis Service in Volleyball.

International Journal of Movement Education and Sports Sciences, DEWS New Delhi, 8 & 1, 51-57. <http://dews.net.in/ijmess/>

Dr. T. Onima Reddy & Dr. Vikram Singh (2020)

Correlation of Long Jump Performance and Selected Angular Kinematical Variables during Flight of Hang Style Technique in Long Jump.

International Journal of Physical Education, Sports & Health, International Journal of Physical Education, Sports & Health, Published on www.kheljournal.com, 7 & III, 357-360. <https://www.kheljournal.com/archives/?year=2020&vol=7&issue=3&part=F>

Dr. T. Onima Reddy & Dr. Vikram Singh (2020)

Correlation of Long Jump Performance and Selected Angular Kinematical Variables at Landing of Hang Style Technique in Long Jump.

International Journal of Physiology, Nutrition and Physical Education, International Journal of Physiology, Nutrition and Physical Education, Published on www.journalofsports.com, 5 & I, 199-202. <https://www.journalofsports.com/archives/2020/vol5/issue1?page=3>

Priyaranjana Soni, Dr. Vikram Singh (2020)

Electromyographical Analysis of Hamstring Muscles during Sprint Start.

International Journal of Movement Education and Sports Sciences, DEWS New Delhi, 8 & 1, 45-50. <http://dews.net.in/ijmess/>

Dr. T. Onima Reddy, Dr. Vikram Singh (2019)

Correlation of High Jump Performance and Selected Angular Kinematical Variables during Take-off of Fosbury-Flop Technique.

International Journal of Physiology, Nutrition and Physical Education, *International Journal of Physiology, Nutrition and Physical Education*, Published on www.journalofsports.com, 4 & I, 484-487. <https://www.journalofsports.com/archives/2019/vol4/issue1?page=7>

Saumendra Nath Singh, Dr. Vikram Singh (2019)

Effect of Stress in Psychological Health and Its Management.

AD VALOREM Journal of Law, *Future Fact Society, Lanka, BHU, Varanasi*, 6 & I, 71-75. <http://www.advaloremjournaloflaw.com/>

Benu Madhav Pandey, Dr. T. Onima Reddy, Dr. Vikram Singh (2019)

Kinematical Analysis of Forehand Overhead Clear Stroke at the Time of Contact in Badminton.

International Journal of Physiology, Nutrition and Physical Education, *International Journal of Physiology, Nutrition and Physical Education*, Published on www.journalofsports.com, 4 & I, 488-490. <https://www.journalofsports.com/archives/2019/vol4/issue1?page=7>

Dr. Vikram Singh, Dr. T. Onima Reddy (2018)

Electromyographic Analysis of Chest and Back Muscles and their Correlation with the Performance of Jump Tennis Service in Volleyball.

Journal of Advances in Sports and Physical, *Scholar Middle East Publishers, Dubai, UAE*, 1 & I, 31-34. <https://saudijournals.com/journal-details/jaspe/35/277>

Dheeraj Kumar Mishra, Dr. Vikram Singh (2018)

Performance Enhancing Drugs and Sports.

International Journal of Physiology, Nutrition and Physical Education, *International Journal of Physiology, Nutrition and Physical Education*, Published on www.journalofsports.com, 3 & I, 7-9. <https://www.journalofsports.com/archives/2018/vol3/issue1>

Ram Singh Yadav, Priyaranjana Soni, Dr. Vikram Singh (2017)

Electromyographical Analysis of Biceps Femoris and Rectus Femoric during Instep Kick in Football.

International Journal of Yoga, Physiotherapy and Physical Education,

www.sportsjournal.in, 2 IV, 1-3. <http://www.sportsjournal.in/archives/2017/vol2/issue4>

Education

University	Degree	Year of passing
BHU	Doctor of Letters	2017
LNUPE	Ph..D	2009
IGNOU	MBA	2014
Delhi	MPED	2005
Delhi	BPED	2003
Delhi	BA	2002
FIVB	Coaching Course Level I & II	2016
BHU	Two Year Diploma Course in French (Level-I& II)	2015
IGNOU	DNHE	2014
BHU, Varanasi	Certificate Course in Yogic Practices for Better Living	2010
OTA Kamptee	Pre Commission Course SD-153	2013

Work History

Academic Experience

Duration	Post	Organization	Nature
27/09/2020 - Till date Continue	Professor	BHU	Teaching & Research
27/09/2017 - 26/09/2020	Associate Professor	BHU	Teaching & Research
02/09/2008 - 26/09/2017	Assistant Professor	BHU	Teaching & Research
14/11/2006 - 01/09/2008	Assistant Professor	RSSPG College, Ghaziabad	Teaching & Administrative

Administrative Experience

Duration	Post	Organization	Nature
2012 - Till Continue	ANO	4/89 UP BN NCC BHU	Teaching & Admn.

Duration	Post	Organization	Nature
2016 - 2021	Administrative Warden	Birla Hostel A BHU	Administrative
2012 - 2015	Warden	Birla Hostel A BHU	Administrative
2020 - 2021	Chairmen Volleyball (M)	USB BHU	Administrative

Thesis Supervision

Student (s)	Degree	Title	Year	Awarded by
1. Mr. Vijay Prakash	Ph.D	Comparative Study of Anxiety, Depression and Stress Vulnerability between Sports Persons and Non-Sports Persons	2012	BHU
2. Mr. Yuvraj Singh	Ph.D	A Study of Inter Relationship between Intelligence Quotient, Emotional Quotient, Social Quotient and their Comparison in Team Games Individual Games and Combat Sports	2012	BHU

Student (s)	Degree	Title	Year	Awarded by
3. Mr. Mritunjay Nath Rai	Ph. D	A Psychological Profile of Indian Wrestlers in relation to Different Weight Categories	2013	BHU
4. Mr. Ram Krishan	Ph.D	Effect of Speed Agility Quickness versus Plyometric Training on Selected Physio-physical and Bio-chemical Variables of Sportsmen	2014	BHU
5. Mr. Manoj Kumar	Ph.D	Biomechanical Analysis of Take-Off in Fosbury-Flop Technique in High Jump	2014	BHU
6. Mr. Suneel Kumar	Ph. D.	A Psychological Profile of Male Players of Selected Ball Games	2016	BHU
7. Ms. Amrita Singh	Ph. D.	Effect of S.A.Q. Drills on Cortisol Hormone and Hematological Variables of Female Basketball Players	2016	BHU
8. Mr. Ram Singh Yadav	Ph.D	Lower Limb Muscles Activation during Soccer Instep Kick	2018	BHU

Student (s)	Degree	Title	Year	Awarded by
9. Mr. Abhay Raj	Ph.D	An Assessment and Comparison of Organizational Climate and Occupational Stress among Personnel's of Banaras Hindu University	2018	BHU
10. Mr. Dharmendra Kaithal	Ph.D	Effect of Aerobic and Anerobic Training on Certain Physiological, Body Composition Parameters and Performance among Soccer Players with Special Reference to Prikriti (Psycho-Somatic Constitution)	2019	BHU

Professional Activities

Membership Type	Organization	Since
Secretary	Dabas Educational Welfare Society (DEWS)	2012
Secretary	Society of Movement Education & Research (SMER)	2018
Member	Pan-Asian Society of Sports & Physical Education (PASSPE)	2015

Academic Awards

'Gold Medalist in B.P.Ed. Award' by 'IGIPRESS, Delhi' in 2003

'Silver Medalist in M.P.Ed. Award' by 'IGIPRESS, Delhi' in 2005

'Silver Medalist in Inter University Volleyball Championship Award' by 'University of Delhi' in 2003

'Silver Medalist in AIU Softball Championship Award' by 'University of Delhi' in 2001

'Awarded DG's Baton in (NCC) PRCN/SD/153 at NCC OTA, Kamptee Award' by 'OTA Kamptee' in 2013

'Secured Second Position in (NCC) REF/SD/PT-I-130 at NCC OTA, Kamptee Award' by 'OTA Kamptee' in 2018

'Hostel Excellence Award Award' by 'BHU' in 2015

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