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Lieutenant (Dr.) T Onima Reddy

Professor

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Google Scholar Profile :

<https://scholar.google.com/citations?user=fFSrQ7UAAAAJ&hl=en>

Personal Website : www.dews.net.in

CV : [Download](#)

Profile

Notices

Courses

- BPC 103: Sports Psychology and Sociology
- MPCC 401: Sports Psychology
- MPPC 106: Track & Field: All Track Events and Marathons
- BPPC 106: Athletics (Track Events)
- BPPC 407: Sports Specializations
- BPPC 206: Athletics (Field Events)
- BPTP 410: Training/ Coaching Lesson of Sports Specialization

- MPPC 107: Sports Specialization – I (Skill Proficiency)
- MPPC 108: Rules, Officiating & Project Book of Sports Specialization - I
- MPPC 206: Track & Field: All Field Events and Combined Events
- MPPC 207: Sports Specialization – I
- MPPC 208: Teaching/Coaching Lessons Sports Specialization - I
- MPPC 307: Sports Specialization – II (Skill Proficiency)
- MPPC 308: Rules, Officiating & Project Book of Sports Specialization - II
- MPPC 407: Sports Specialization – II (Skill Proficiency)
- MPPC 408: Coaching Lessons of Sports Specialization – II

Research Interests

Sports Psychology

(Sports Bio-Mechanics) Mechanical Analysis of Sports Activities

Athletics

Research Projects

Title : An Assessment And Comparison Of Anxiety, Depression And Stress Vulnerability Among Professional Students From Different Areas

From : 2011

To : 2012

Amount : 76000

Funded by:

UGC

Overview

Completed

Title : A Study Of Socio Psychological Differentials Between Sports Participants And Non Sports Participants Female Tribals

From : 2012

To : 2014

Amount : 507400

Funded by:

ICSSR

Overview

Completed

Title : Kinematical Analysis Of Hang Style Technique In Long Jump

From : 2015

To : 2018

Amount : 485000

Funded by:

UGC

Overview

Completed

Title : Kinematical Analysis Of Hurdle Clearance Technique On High Hurdles

From : 2021

To : 2024

Amount : 600000

Funded by:

IOE BHU

Overview

Ongoing

Recent Publications

Dr. T. Onima Reddy & Dr. Vikram Singh (2020)

Correlation of Long Jump Performance and Selected Angular Kinematical Variables during Flight of Hang Style Technique in Long Jump.

International Journal of Physical Education, Sports & Health, International Journal of Physical Education, Sports & Health, Published on www.kheljournal.com, 7 & III, 357-360. <https://www.kheljournal.com/archives/?year=2020&vol=7&issue=3&part=F>

Dr. T. Onima Reddy & Dr. Vikram Singh (2020)

Correlation of Long Jump Performance and Selected Angular Kinematical Variables at Landing of Hang Style Technique in Long Jump.

International Journal of Physiology, Nutrition and Physical Education, International Journal of Physiology, Nutrition and Physical Education, Published on www.journalofsports.com, 5 & I, 199-202. <https://www.journalofsports.com/archives/2020/vol5/issue1?page=3>

Dr. T. Onima Reddy (2020)

Correlation of Long Jump Performance and Selected Linear Kinematical Variables of Hang Style Technique in Long Jump.

International Journal of Movement Education and Sports Sciences, DEWS New Delhi, 8 & 1, 58-65. <http://dews.net.in/ijmess/>

Chandan Singh, Anurag Kumar Giri, Dr. T. Onima Reddy (2019)

Important Role of Information Technology in the Field of Physical Education & Sports.

International Journal of Physiology, Nutrition and Physical Education, International Journal of Physiology, Nutrition and Physical Education, Published on www.journalofsports.com, 4 & II, 202-204. <https://www.journalofsports.com/archives/2019/vol4/issue2?page=3>

Shashi Kant Yadav, Dr. T. Onima Reddy (2019)

Comparison of Muscular Endurance between Government and Non Government School.

AD VALOREM Journal of Law, Future Fact Society, Lanka, BHU, Varanasi (U.P.), 6 & I, 85-88. <http://www.advaloremjournaloflaw.com/ad-valorem/issue-of-journal.html>

Shashi Kant Yadav, Dr. T. Onima Reddy (2019)

Comparison of Agility between Government and Non Government School.

International Journal of Physiology, Nutrition and Physical Education, International Journal of Physiology, Nutrition and Physical Education, Published on www.journalofsports.com, 4 & I, 546-547. <https://www.journalofsports.com/archives/2019/vol4/issue1?page=8>

Benu Madhav Pandey, Dr. T. Onima Reddy, Dr. Vikram Singh (2019)

Kinematical Analysis of Forehand Overhead Clear Stroke at the Time of Contact in Badminton.

International Journal of Physiology, Nutrition and Physical Education, International Journal of Physiology, Nutrition and Physical Education, Published on www.journalofsports.com, 4 & I, 488-490. <https://www.journalofsports.com/archives/2019/vol4/issue1?page=7>

Dr. T. Onima Reddy, Dr. Vikram Singh (2019)

Correlation of High Jump Performance and Selected Angular Kinematical Variables during Take-off of Fosbury-Flop Technique.

International Journal of Physiology, Nutrition and Physical Education, International Journal of Physiology, Nutrition and Physical Education, Published on www.journalofsports.com, 4 & I, 484-487. <https://www.journalofsports.com/archives/2019/vol4/issue1?page=7>

Benu Madhav Pandey, Dr. T. Onima Reddy (2019)

Relationship of Anthropometric Measurements with the Performance of Forehand Overhead Stroke in Badminton.

International Journal of Physiology, Nutrition and Physical Education, International Journal of Physiology, Nutrition and Physical Education, Published on www.journalofsports.com, 4 & I, 481-483. <https://www.journalofsports.com/archives/2019/vol4/issue1?page=7>

Dr. Vikram Singh, Dr. T. Onima Reddy (2018)

Electromyographic Analysis of Chest and Back Muscles and their Correlation with the Performance of Jump Tennis Service in Volleyball.

Journal of Advances in Sports and Physical Education, Scholar Middle East Publishers, Dubai, UAE, 1 & I, 31-34. <https://saudijournals.com/journal/jaspe/home>

Rudrapal Yadav, Dr. T. Onima Reddy (2017)

Relationship of Linear Kinematical Variables with 30 Meter Performance at 60/75 Angle of Block in Athletic.

International Journal of Yoga, Physiotherapy, Physical Education, www.sportsjournal.in, 2 & 6, 74-75. <http://www.sportsjournal.in/archives/2017/vol2/issue6>

Education

University	Degree	Year of passing
BHU	Doctor of Letters	2017
LNUPE	Ph..D	2009
LNUPE	MPE	2004
LNUPE	BPE	2002
FIFA	D License	2016
IAAF, New Delhi	IAAF Technical Official Course- Level I	2010
IGNOU	DNHE	2011

University	Degree	Year of passing
BHU, Varanasi	2- Year Diploma Course in French	2012
BHU, Varanasi	Certificate Course in Yogic Practices for Better Living	2010
BHU, Varanasi	Elementary Course in Photography	2012
IGNOU	Diploma in Women's Empowerment & Development	2013
BHU, Varanasi	2- Year PG Diploma in French	2015
OTA Gwalior	Pre Commission Course SW-96	2015

Work History

Academic Experience

Duration	Post	Organization	Nature
27/09/2020 - Till Continue	Professor	BHU	Teaching & Research
27/09/2017 - 26/09/2020	Associate Professor	BHU	Teaching & Research

Duration	Post	Organization	Nature
05/08/2008 - 26/09/2017	Assistant Professor	BHU	Teaching & Research
2007 - 2008	Assistant Professor	LNUPE	Teaching & Research
2007 - 2007	Assistant Professor	Awadh Girls Degree College Lucknow	Teaching

Administrative Experience

Duration	Post	Organization	Nature
2015 - Till Continue	ANO	2/89 UP BN NCC BHU	Teaching & Administrative
2017 - Till Continue	Administrative Warden	BHU	Administrative
2012 - 2017	Warden	BHU	Administrative
2012 - 2013	Proctor	BHU	Administrative
2020 - 2021	Chairmen Football (W)	USB BHU	Administrative

Thesis Supervision

Student (s)	Degree	Title	Year	Awarded by
1. Mr. Krishna Kant Khare	Ph. D	Electromyographic Analysis of Shoulder Function and Their Correlation with the Performance of Service in Lawn Tennis	2013	BHU
2. Mr. Arvind Kumar	Ph.D	Diurnal Variation of Reaction Time of Hands and Legs for Professional Cricket Players in Different Climates	2015	BHU
3. Ms. Sangeeta Singh	Ph.D	Effect of different mode of Management for the person with Chronic Obstructive Pulmonary Disease	2015	BHU
4. Mr. Ram Das	Ph.D	Kinematical Analysis of Hang Style Technique in Long Jump	2016	BHU
5. Mr. Rudra Pal Yadav	Ph.D	Kinematical Analysis of Sprinting Performance at Varied Angles of Block in Athletics	2018	BHU
6. Mr. Jagarnath Yadav	Ph.D	Kinematical Analysis of Kicking Technique in Soccer	2018	BHU

Student (s)	Degree	Title	Year	Awarded by
7. Ms. Soni Maurya	Ph.D	Kinematical Analysis of Translatory Progression on Sprinters	2018	BHU
8. Mr. Benu Madhav Pandey	Ph.D	Comparative Kinematical Analysis of Forehand Overhead Stroke in Badminton	2020	BHU

Professional Activities

Membership Type	Organization	Since
Vice President	Dabas Educational Welfare Society	2012
Member	Society of Movement Education & Research	2018
Member	Pan-Asian Society of Sports & Physical Education (PASSPE	2015

Academic Awards

'Gold Medalist in B.P.E. Award' by 'LNIPE Gwalior' in 2002

'Gold Medalist in M.P.E. Award' by 'LNIPE Gwalior' in 2004

'Gold Medalist in Diploma in Nutrition & Health Education, Award' by 'IGNOU' in 2011

'Bronze Medalist in AIU Football Tournament Award' by 'LNUPE' in 2001

'Hostel Excellence Award Award' by 'BHU' in 2013

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